

Live in the moment

"I can't wait!"

But why can't you?

What is so important that you must leave this moment behind.

Even though the future is right there

Infront of us.

Shining brightly waiting for us to reach it,

Does it shine any brightly then this moment right now?

Is it any greater?

Maybe it does seem greater.

Afterall,

I don't think anyone would rather sit at their desk 9-5,
typing away,

When their beach vacation is right around the corner.

But what if this moment,

Right here, right now,

Is its own kind of holiday.

The one where you don't need to book flights
or pack your bags tightly.

The kind we forget to notice,

Because we are too busy,

Looking ahead

Rather than living in the moment.

We have all rushed past the little things:

The sound of cars drifting by,

The rain tapping on the window,

The unexpected smile from a friend,

The taste of a simple lunch-

Maybe just a vegemite sandwich,

But it's one packed with love.

All these moments,

They are happening right now,

You didn't realise.

But all these moments are ours.

So yes.

Maybe sometimes it's hard to wait,

But sometimes it is also best,

To live in the moment

And to understand that right now,

is as good as it'll ever be.