

North Sydney Community Centre

Provide service to older people and people with disability.

Telephone: (02) 9922 2299

Email: info@northsydneycentre.com.au

Website: www.northsydneycentre.com.au

Over 100 courses, workshops and events including creative activities, music, dance, cooking, lifestyle and technology, languages, travel and low impact health and wellbeing programs for people over 50. Community talks and information sessions.

Eligibility Criteria: N/A

Fees: Yes, discounted rate for some classes

North Sydney Men's Shed

Provide services to older males.

Telephone: 9439 4721

Email: nsydmensshed@gmail.com

Website: www.northsydney.nsw.gov.au/Community_Services/Aged_Access/Mens_Shed

Fully equipped workshop providing a space for men to meet together and pursue their hobby, develop new skills or refine old skills.

Eligibility Criteria: Males only

Fees: Annual Membership Fee

Waverton Hub

Provide activities and referral support to older people.

Telephone: 9955 6279

Email address: wavertonhub@gmail.com

Website: wavertonhub.com.au

Activities and advice to enable members to age well in their own home for as long as possible.

Eligibility Criteria: Residents living in the Waverton, Wollstonecraft and North Sydney area.

Fees: Yes, \$66 per annum, \$10 if on full pension

My Aged Care

My Aged Care is a central assessment centre and gateway to all aged care services in the community.

To be eligible for subsidised aged care services, you must register with My Aged Care.

For information on how to be assessed, please contact the number below.

1800 200 422 www.myagedcare.gov.au

NDIS National Disability Insurance Scheme

The NDIS is the new way of providing support for Australians with disability, their families and carers.

To be eligible for any NDIS service you must go through the NDIS for assessment.

For information on how to be assessed, please contact the number below.

1800 800 110 www.ndis.gov.au

Other Useful Websites and Contact Details

Carers NSW www.carersnsw.org.au 1800 242 636

Healthdirect www.findahealthservice.com.au 1800 022 222

NSW Fair Trading www.fairtrading.nsw.gov.au 13 32 20

NSW Seniors Rights Services

www.agedrights.asn.au/nsw 02 9281 3600

Interpreting Services

Deaf and Hearing Impaired

TTY (Telephone Typewriter Service) 1300 555 727

Translating and Interpreting Service TIS 13 14 50

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If you detect an error or have any comments email:

council@northsydney.nsw.gov.au or phone 9936 8100

ask for the Community Information Officer.

For further details of organisations that may be of assistance, in North Sydney area and beyond:

www.northsydney.nsw.gov.au/communitydirectory

For an electronic version of this brochure go to:

www.northsydney.nsw.gov.au/agedanddisability

Aged and Disability Services in North Sydney



www.northsydney.nsw.gov.au/agedanddisability

North Sydney Council is committed to addressing the needs of older people and people with disability by providing information, advice and referrals to help individuals access services in the community.



North Sydney Council

Website: www.northsydney.nsw.gov.au

Email: council@northsydney.nsw.gov.au

Telephone: 9936 8100

PO Box 12, North Sydney NSW 2059

200 Miller St, North Sydney

Ability Links

Provide support to people with disability, their families and carers.

Telephone: Uniting: 8830 0768

Settlement Services International: 8799 6700

Email address: Uniting: abilitylinks@uniting.org.au

Settlement Services International: abilitylinks@ssi.org.au

Website: abilitylinknsw.org.au

Linkers support people to connect with communities, build confidence to set and achieve goals and develop existing and new support networks.

Eligibility Criteria: People with disability aged 9-64, their families and carers

Fees: No

Community Connect

Provide service to older people and people with disability.

Telephone: 9490 9500

Email: clients@communityconnect.org.au

Website: www.communityconnect.org.au

Transport services for people with disabilities, frail older people and their carers, and people who are transport disadvantaged. Services include assisted shopping trips, social outings and transport to appointments.

Eligibility Criteria: My Aged Care referral.

Fees: Yes

C.R.E.A.T.E. Northshore

Provide service to people with disability.

Telephone: 9462 9100 or 0434 653 053

Email: greg.wood@health.nsw.gov.au

Website: www.thekirribillicentre.org/community-services/2016/1/20/create

A range of psycho-social-educational program and activities for individuals with a lived experience of mental health issues.

Eligibility Criteria: People with a mental illness.

Fees: Yes, for some programs.

CCNB

Provide service to older people and people with disability.

Telephone: 9998 29000

Email: ccnb@ccnb.com.au

Website: www.ccnb.com.au

Support Coordination for the NDIS, Aged Care services, Home Care Packages, Regional Dementia Advisor, In Home Podiatry, Hoarding and Squalor, Partners in Recovery, First Australian Health and Wellbeing Coordinator, GP Social Work Program.

Eligibility Criteria: Yes, for some services.

Fees: Yes, for some services.

Crows Nest Centre

Provide service to older people and people with disability.

Telephone: 9439 5122

Email address: cncadmin@crowsnestcentre.org.au

Website: www.crowsnestcentre.org.au

In-home (meals on wheels, linen service, assisted shopping, assisted transport, friendly home visiting), centre based (community restaurant, indoor bowling, knitting, mahjong, canasta, bus and movie outings and special events) and healthy ageing (tai chi, yoga, Feldenkrais) services and activities for older people and people with a disability.

Eligibility Criteria: Yes, for some programs.

Fees: Yes, for some services.

EarlyEd

Provide service to children with disability or developmental delay.

Telephone: 9923 2727

Email: earlyed@earlyed.com.au

Website: www.earlyed.com.au

Early Intervention therapies, groups, Autism services, parent training, family support.

Eligibility Criteria: Delay in development or disability.

Fees: Various funding sources accepted eg. NDIS, HCWA/Better Start etc

The Kirribilli Centre

Provide service to older people and people with disability.

Telephone: 9922 4428

Email address: info@kirribilli.org.au

Website: www.thekirribillicentre.org

Seniors Wellbeing classes, Computer Classes for Seniors, Bridge Group, knitting, Chinese Seniors Group, legal advice, Justice of the Peace, counselling, Mental Health Walking Group, Beading Group, Lift your Spirits Group, Breakfast and Bushwalk, Exercise for Wellbeing, choir.

Eligibility Criteria: N/A

Fees: Yes, for some programs.

Neutral Bay Senior Citizens Centre

Service provided to older people.

Telephone: 9953 6447

Email: snrs.nbay@gmail.com

Website: www.nbaycommunity.com.au

Computer lessons, internet classes, Scrabble, card-making workshops, dance classes, bus outings, tea and coffee, Tai Chi and exercise classes

Eligibility Criteria: N/A

Fees: Membership Fee \$10 per year

New Horizons

Provide service in disability, mental health and aged care support.

Phone number: 1300 726 372

Email address: mywellbeing@newhorizons.net.au

Website: newhorizons.org.au

Registered NDIS provider, aged care services, mental health services, behaviour support, support coordination, daily living skills, housing and accommodation, justice and humanitarian.

Eligibility Criteria: Yes, for some services

Fees: Yes, for some services